

What is an Independent Living Center?

An Independent Living Center (ILC) is a consumer controlled, community based, cross-disability, non-residential private non-profit agency designed and operated within a local community by individuals with disabilities. ILCs provide independent living services which maximize one's ability to live independently in the environment of one's choosing.



Photo of TCIL Office

Tri-County Independent Living

Tri-County Independent Living (TCIL), serving Humboldt, Del Norte and Trinity Counties, is one of 28 ILCs in California. Like all ILCs, TCIL offers services to people of all disability types and ages, most at no charge.

TCIL started empowering people who have disabilities with services and information in 1978 as Humboldt Access Project and became TCIL in 2003.

We have answers to your questions

- What can I do if my Social Security application is denied?
- What benefits, services, programs or products are available?
- Where can I find an in-home care provider?
- What can I do about employment issues related to my disability?
- What about service/companion animals?

Contact Us:
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 Se Habla Español



www.tilinet.org

Tri-County Independent Living



Photo of two people signing

Photo of blind person and guide dog

Working to create a world in which people with disabilities are valued equally and participate fully.

What is Independent Living?

The Independent Living Movement was born out of the civil rights movement of the 1960s and 1970s. Consumer choice, autonomy and control define the Independent Living Movement. The Independent Living philosophy states that individuals with disabilities have the right to live with dignity and appropriate support in their own homes, fully participate in their communities, and have control to make decisions about their lives.

Independent living involves more than just services, it is a way of life, a state of mind and a belief in civil rights for persons with disabilities. We believe that clients have the right to define independence for themselves and to determine how to accomplish their goals.



Photo of mother with child in wheelchair taking selfie

CORE SERVICES

Information and Referral

Information about disability resources, financial issues, Social Security, accessible housing and accessibility in the community.

Independent Living Skills Training

Training in skills to live independently.

Housing

Information, education, assistance and self-advocacy training regarding fair housing laws, tenants with disabilities rights, landlord/tenant issues, how to locate accessible, affordable housing, roommate issues and other housing related issues.

Advocacy

- Staff teach individuals with disabilities empowering self-advocacy skills
- Community members join together, supported by TCIL staff, to advocate for changes in policies on housing, transportation, accessibility, ADA enforcement and other issues.



Photo of woman with American flag with disability symbol

Assistive Technology

Assistive technology (AT) is a term that includes assistive, rehabilitative and adaptive devices for people with disabilities. We provide direct AT services. We will help you explore devices, locate a vendor and find the best pricing. We can also loan you devices from our lending library for you to try out before making a purchase.



Photo of big-key

Peer Support

Community members and staff with disabilities share their life experiences, resource information and successes in a peer support environment. Peer support empowers people to handle a variety of situations such as barriers to access, cultural bias, discrimination or other obstacles to independence.

Transitions

Resources and assistance for people with disabilities to transition from living Institutionally to living independently in the community.



Photo of woman cooking in her kitchen