

What is an Independent Living Center?

An Independent Living Center (ILC) is a consumer controlled, community based, cross-disability, non-residential private non-profit agency designed and operated within a local community by individuals with disabilities. ILCs provide independent living services which maximize one's ability to live independently in the environment of one's choosing.



Photo of TCIL Office

Tri-County Independent Living

Tri-County Independent Living (TCIL), serving Humboldt, Del Norte and Trinity Counties, is one of 28 ILCs in California. Like all ILCs, TCIL offers services to people of all disability types and ages, most at no charge.

TCIL started empowering people who have disabilities with services and information in 1978 as Humboldt Access Project and became TCIL in 2003.

We have answers to your questions

Do you have a loved one in a nursing facility that wants to come home? Are you working with someone who has expressed the desire to explore their community-based options?

Make a referral today
or contact us to learn more about how we can help with transition out of a nursing facility.

Contact Us:

Tri-County Independent Living
139 Fifth Street
Eureka, CA 95501

Phone: (707) 445-8404
Fax: (707) 445-9751
Se Habla Español



www.tilinet.org

Tri-County Independent Living



Home Transition Services



Photo of home with lovely wheelchair ramp

Working to create a world in which people with disabilities are valued equally and participate fully.

Do you have a disability and...

have you been living in a Skilled Nursing Facility or other long-term care institution for more than 3 months?

Would you like to move into an apartment, or back into your own home or live more independently in a community setting?

If your doctor agrees you can do it, with supports,

Photo of man in wheelchair gardening



Our Home Transitions Staff can:



Photo of developmentally disabled woman cooking at home

- help you assess your own strengths, needs and abilities that will help you live more independently
- help you create your plan to achieve independence
- assist you with locating and applying for accessible, affordable housing and supportive services
- help you set up your home to be ready for you when you move in
- help you identify and coordinate home modifications to accommodate your disabilities
- coordinate services for specialized assistance
- Provide support after you have moved home to help make sure your transition to the community is successful
- even provide financial help with 1st month's rent, utility deposits, home furnishings and food supplies to name a few things!

TCIL provides support and services that can open doors to independence in your community

If you have Medi-Cal/Medicare, have lived in a Medi-Cal paid inpatient facility for at least three months, and want to "live in a less restrictive environment" in the community TCIL may be able to help you achieve that goal! Assistance can include needed home supplies, assistive devices not covered by other insurance, training on self-advocacy, independent living skills, what to look for in personal assistance services, housing options, coordination of available services in the community and help in planning/ coordinating your eventual return to community living.

Elder black woman in wheelchair



We also provide services **to prevent** people from entering a nursing home or other institutional setting due to a disability or disabilities by teaching Independent Living Skills and locating services and supports to help remain living as independently as possible.

Tri-County Independent Living can help you achieve that goal!

Photo of blue-haired young woman with cerebral palsy at home with pet rabbit in her lap

