

Del Norte County Community Disability Resource Guide 2017/2018

For Information and Assistance, call:

707-445-8404 www.tilinet.org



INTRODUCTION

This Guide has been developed to help persons with disabilities and their caregivers find needed services. We have tried to include the basic resources available, along with where to call for information and help.

The Guide's purpose is to help you start your search. The listings of services in this directory do not constitute an endorsement. You will find that some of the resources are free of charge, some have fees based on income, and others charges set fees.

We are not able to list some resources because of space limitations. If you need something not listed, or if you have questions about a service, please call:

Tri-County Independent Living 139 5th Street, Eureka, CA 95501 (707) 445-8404 www.tilinet.org

At the time of printing, all entries were current. Please be aware that changes occur. **All Numbers are (707) Area Code unless otherwise noted.**

HOUSING/MAINTENANCE

DEL NORTE COUNTY HOUSING REHABILITATION	
quidelines.	ai iow-income
HOUSING AUTHORITY	464-9216
City of Crescent City and Del Norte County	
www.crescentcity.org 235 H Street, Crescent City Subsidized housing program for low-income families, seniors, and disabled individuals, dependent upon funding. Pub available.	olic housing
HOUSING AUTHORITY – YUROK	482-1506
www.yurokhousing.com	
Subsidized housing assistance for low-income Native American families, elders, and disabled adults.	
G.H. OUTREACH	464-5089
700 East Washington Blvd. Crescent City	
Crews of developmentally disabled individuals are available for yard work, window washing, power washing, moving a construction.	and minor

ENERGY ASSISTANCE PROGRAMS

CALIFORNIA FOR ALTERNATE RATES FOR ENERGY (CARE)	-8404
Tri-County Independent Living, 139 5 th Street, Eureka	
PG&E program offering discounted monthly utility bills to eligible customers.	
DEL NORTE SENIOR CENTER	-9013
www.delnorteseniorcenter.org 1765 Northcrest Dr, Crescent City Provides help with payments for electricity or home heating fuel for qualified low-income households in Del Norte County. Provassistance with weatherization and home energy efficiency improvements through direct service and referrals. REDWOOD COMMUNITY ACTION AGENCY (RCAA) www.rcaa.org 494 Pacific Ave – "First Five" Building, Crescent City Assists eligible households with payments or purchases of electricity, propane, heating oil or firewood.	
EQUIPMENT AND DEVICES TO HELP WITH INDEPENDENT LIVING BROADWAY MEDICAL	3719
1034 Broadway, Eureka Broadway Medical offers short and long term rental products and a wide range of services for home medical equipment, mobi accessibility, and respiratory customers. Health care professionals on staff include Assistive Technology professionals, a Cert Respiratory Therapist and Certified Fitters. CALIFORNIA TELEPHONE ACCESS PROGRAM (CTAP)	tified

CALIFORNIA TELEPHONE ACCESS PROGRAM (CTAP)800-806-1191

www.ddtp.cpuc.ca.gov

2861 Churn Creek Rd, Redding

Offers a wide variety of specialized telephones, with multiple features including amplified sound, big buttons, flashing lights, portable, captioned and speech assisted.

139 5th Street, Eureka

Assistive Technology program at Tri-County Independent Living including a lending library of various devices.

HOUSING / MAINTENANCE / ENERGY ASSISTANCE PROGRAMS / EQUIPMENT & DEVICES

LEGAL SERVICES

DEL NORTE FAMILY LAW FACILITATOR
Legal consultations for divorce, custody, property settlements, legal separations, spousal support, guardianship, and child support. Self-help resource library available at main courthouse. Walk-ins available in the morning and afternoons by appointments.
LEGAL SERVICES OF NORTHERN CALIFORNIA
123 Third Street, Eureka Serves both Del Norte and Humboldt Counties. Provides civil legal service, tenant advocacy, brief service and advocacy for individuals 20 years and address Assess and address the service backtones and advocacy for
individuals 60 years and older. Areas covered include advance health care directives, powers of attorney, and public benefits. ADVOCACY
PUBLIC GUARDIAN/CONSERVATOR
MENTAL HEALTH
CALL 911 FOR POLICE-SHERIFF-FIRE-AMBULANCE-PARAMEDICS-ALL EMERGENCIES
DEL NORTE MENTAL HEALTH CLINIC

455 K Street, Crescent City

Walk-in crisis center open from 8 a.m. to 5 p.m. Monday - Friday and 24-hour on-call crisis service. Programs provided include daily groups and activities such as self-esteem and social skill building, health and nutrition and managing Dual Diagnosis, Bipolar Disorder and Post Traumatic Stress Disorder.

www.remivista.info 370 9th Street, Crescent City

Services offered include mental health, community counseling, supported living services, and more.

www.co.del-norte.ca.us

455 K Street, Crescent City

Provides access to advocacy services, answers questions, investigates and resolves concerns or complaints. Assists clients in locked and unlocked mental health facilities. Monitors all facilities for compliance regarding legal process and patients' rights.

WELLNESS

FRED ENDERT MUNICIPAL SWIMMING POOL	
www.crescentcity.org/pool.html	
1000 Play Street, Crescent City	

Heated pool offers lap swimming, water aerobics, and other water-related activities.

MEDICAL CARE

DEL NORTE COMMUNITY HEALTH CENTER
Family practice services for primary medical needs, including diagnosis, treatment, and referral for advanced care, as necessary. Same day urgent care provided.
REA 1 AGENCY ON AGING
www.a1aa.org 1765 Northcrest Dr, Crescent City
The HICAP Program offers free Medicare counseling by appointment. Staff is also available to speak to organizations and offers Medicare workshops through the College of the Redwoods. The A1AA HICAP Program serves only those living in California.
SUTTER COAST HOME HEALTH CARE
Services provided to ease transition from hospital to home, including multiple specialty programs, such as pediatrics, obstetrics and psychiatric nursing.
EL NORTE AMBULANCE
www.delnorteambulance.com

EMERGENCY RESPONSE

DEL NORTE OFFICE OF EMERGENCY SERVICE	
www.preparedelnorte.com	
981 H Street, Suite 240, Crescent City	
The Office of Emergency Services coordinates the County's response to all disasters. Sign up of	on the website to receive emergency
alerts via telephone, cell phone, email and more.	
AMERICAN RED CROSS	
www.redcross.org	
3101 Concorde Dr, Suite H, McKinleyville	

Serves both Del Norte and Humboldt Counties. Disaster relief. Also provides health and safety training and education.

TRAUMATIC BRAIN INJURY

MAKING HEADWAY BRAIN INJURY RECOVERY CENTER	368

www.mhwcenter.org 730 K St, Eureka

Serves Humboldt County, with outreach into Del Norte County. Offers specialized programs to people who have brain injuries, including daily life skills classes and counseling.

BLIND & VISUALLY IMPAIRED SERVICES

LIGHTHOUSE NORTH COAST	38-5655
http://lighthouse-sf.org	
1910 California St, 3 rd Floor, Eureka	
Serves Del Norte and Humboldt Counties since 2000 – providing solutions for living with low vision or blindness.	
	45-8404
www.tilinet.org	

139 5th Street, Eureka

Offers free assistance and referrals and helps build plans for independent living. Offers Assistive Technology (AT) consultations and has an AT lending library so clients can try out devices before purchasing.

DEAF & HARD OF HEARING

www.tilinet.org

139 5th Street, Eureka

Offers free Assistive Technology consultation and lending library; free use of Sorenson Video Phone for Deaf and Hard of Hearing.

MEDICAL CARE / EMERGENCY RESPONSE / TRAUMATIC BRAIN INJURY / BLIND & DEAF

FOOD AND CLOTHING

CALFRESH (FORMERLY THE FOOD STAMP PROGRAM)
www.calfresh.ca.gov
880 Northcrest Dr. Crescent City
A Nutrition assistance program that helps low-income individuals and families buy the food they need. CalFresh dollars are provided
on an electronic debit card, help stretch a tight food budget and help people afford to incorporate healthy foods into their diets.
COMMUNITY ASSISTANCE NETWORK (CAN)
www.canbless.org
355 Standard Veneer Rd, Crescent City
Food bank (one food box per month). Also offers access to hot showers, hygiene supplies, and gently used clothing, as well as
supplemental food programs, life skills education classes, homeless and housing services, community gardens, nutrition education
and more.
RURAL HUMAN SERVICES FOOD AND FAMILY PROGRAMS
www.ruralhumanservices.org/food-and-family-programs
286 M Street, Crescent City
Programs include food distribution, the Crescent City Farmer's Market (Saturday, June-Oct.), food bank, emergency food program
and holiday food baskets (Santa's Workshop program).
SNAP-ED
Supplemental Nutrition Assistance Program – Education)
Del Norte County Department of Health & Human Services
www.co.del-norte.ca.us/departments/health-human-services
880 Northcrest Dr, Crescent City
Program designed to improve the likelihood that participants will make healthy choices within a limited budget, and choose active
lifestyles.

TRANSPORTATION

www.redwoodcoasttransit.org 140 Williams St, Crescent City

Wheelchair accessible curb-to-curb service is available throughout the Crescent City area. Please call for a reservation the day before you travel. Advance scheduling improves pickup and drop-off times and will help you to arrive on time.

"Dial-A-Ride" service is also available in the Crescent City area, and with route deviation "flex stops" on regional bus routes within Del Norte County. Dial-A-Ride operates from 7:00 a.m. to 7:00 p.m. Monday - Friday and 8:00 a.m. to 7:00 p.m. on Saturday.

Transportation is also available Monday through Saturday between Smith River (Del Norte County) and Arcata (Humboldt County).

www.currypublictransit.org

P.O. Box 1771, Brookings, Oregon 97415

Coastal Express Busses travel US 101 corridor from Smith River, CA, north through Brandon, Coos Bay, and North Bend, OR. All busses are ADA-accessible and equipped with wheelchair lifts

DEL NORTE ASSOCIATION FOR DEVELOPMENT & COASTLINE

Transportation services limited to Dialysis and Redwood Coast Regional Center clients.

SUSPECTED ABUSE SERVICES & SUPPORT

DEL NORTE ADULT PROTECTIVE SERVICES
www.co.del-norte.ca.us/departments/health-human-services
880 Norhcrest Dr, Crescent City
Provides services to individuals 65 and older and dependent adults ages 18-64 who are unable to protect their own interests or care
for themselves. Investigates reports of elder abuse, neglect and/or financial exploitation.
DEL NORTE CHILD WELFARE SERVICES
www.co.del-norte.ca.us/departments/health-human-services
880 Northcrest Dr. Crescent City
Child Welfare Services investigates reports of suspected child abuse and neglect for children living in Del Norte County. Reports can
be made by Mandated Reporters and community members to the Child Abuse Hotline at (707) 464-3191 24-hours a day, 7 days a
week. Please use discretion by making non-emergent reports during regular business hours whenever possible.
VICTIM WITNESS PROGRAM
www.co.del-norte.ca.us
450 H Street, #182, Crescent City
Provides supportive services to victims and witnesses of crime.
DOMESTIC VIOLENCE
HARRINGTON HOUSE DOMESTIC VIOLENCE PROGRAMS
www.ruralhumanservices.or/harrington-house
286 M Street, Suite A, Crescent City
A community resource center and shelter for victims of domestic violence and their children, including a 28 bed emergency shelter,
24-hour crisis hotline, counseling, legal services, household establishment, outreach and prevention education.
NORTH COAST RAPE CRISIS
Del Norte crisis phone: 707-465-2851
www.ncrct.org
Sonyos beth Del Nerte and Humbeldt Counties. Drevides confidential crisis sourceling and advessory plus accompaniment to legal

Serves both Del Norte and Humboldt Counties. Provides confidential crisis counseling and advocacy, plus accompaniment to legal and medical proceedings. Counseling offered for all ages and genders, as well as self-defense training offered.

EDUCATION OPPORTUNITIES

DEL NORTE COUNTY OFFICE OF EDUCATION/SPECIAL EDUCATION	5
301 West Washington Blvd, Crescent City	
Provides specialized instructional services for students with disabilities ranging from mild learning disorders to severe physical and intellectual disabilities.	
HUMBOLDT- DEL NORTE SELPA (SPECIAL EDUCATION LOCAL PLAN AREA)	51
www.hdnselpa.org	
901 Myrtle Ave, Eureka	
Offers a variety of programs and services to support students in local public schools. Some programs serve students directly and	
other services offer professional support to school districts.	
DEL NORTE READS	2
www.delnortecountylibrary.org/del-norte-reads	
1080 Mason Mall, Suite 9, Crescent City	
Provides general education development preparation, English as a second language, free tutoring and computer classes.	
DEPARTMENT OF REHABILITATION	7
www.rehab.cahwnet.gov	
286 M Street, Crescent City	
Offers supported Employment Program (on-the-job support), Transition Partnership Program (partners with local education	
agencies), and Workforce Development Selection (provides employment information, resource materials, consultation, training and	
technical assistances to private and public sector employers).	
FIRST 5 DEL NORTE/FAMILY RESOURCE CENTER	5
www.delnortekids.org	
494 Pacific Ave, Crescent City	
Promotes and enhances the health, development and wellness of children ages 0 - 5 and their families.	
COLLEGE OF THE REDWOODS	4
www.redwoods.edu	
883 W. Washington Blvd, Crescent City	
Disabled Students Programs & Services (DSPS); located in main building near library.	
SOCIAL SECURITY PASS PLAN – TRI-COUNTY INDEPENDENT LIVING	4
www.tilinet.org	

139 5th Street, Eureka

PASS allows Social Security recipients to receive income and resources for a specified work/educational goal. Recipients must apply and be approved by the Social Security Administration.

CAREGIVER SERVICES

IN-HOME SUPPORTIVE SERVICES (IHSS) PUBLIC AUTHORITY	164-7807
www.co.del-norte.ca.us/departments/health-human-services 400 L Street, Crescent City	
Manages enrollment of care providers; provides information to IHSS care providers and recipients about employment and maintains a care provider registry. DEL NORTE COUNTY IN-HOME SUPPORTIVE SERVICES	464-3191
www.co.del-norte.ca.us/departments/health-human-services	
880 Northcrest Dr, Crescent City In-home care for seniors and disabled individuals who are unable to remain safely in their homes. Must be receiving Medi- benefits to be eligible.	Cal
AREA 1 AGENCY ON AGING	464-7876
1765 Northcrest Dr, Crescent City Located at Del Norte Senior Center. The Caregiver Services Program schedules multiple training sessions throughout the family and professional caregivers. A Caregiver Registry is maintained to provide referrals of trained caregivers to seniors needing short-term or longer assistance.	
RESOURCE CENTERS	164-9190
RESOURCE CENTERS Community Assistance Network (CAN)	164-9190
Community Assistance Network (CAN)	ell as
Community Assistance Network (CAN)	ell as ducation
Community Assistance Network (CAN)	ell as ducation 164-0955
Community Assistance Network (CAN)	ell as ducation 164-0955
Community Assistance Network (CAN)	ell as ducation 164-0955

www.a1aa.org

1765 Northcrest Dr, Crescent City Located at Del Norte Senior Center. Services provided include free medical consultations through the Health Insurance Counseling & Advocacy Program (HICAP), information and referral, a long-term care ombudsman program, and Volunteer Center of the Redwoods (VCOR)/Retired Senior Volunteer Program (RSVP).

www.delnorteseniorcenter.org 1765 Northcrest Dr, Crescent City

Offers senior lunches, exercise classes, dance classes, table and card games and many other activities.

www.ois.dnco.org

Computerized telephone reassurance program for seniors over 55 years of age and other homebound individuals who want reassurance of a phone call on a regular basis.

EMPLOYMENT OPPORTUNITIES

CALIFORNIA DEPARTMENT OF REHABILITATION
DEL NORTE RURAL HUMAN SERVICES, WORKFORCE CENTER
www.ruralhumanservices.org/workforce-center 286 M Street, Crescent City
Provides employment assistance.
EMPLOYMENT DEVELOPMENT DEPARTMENT – THE JOB MARKET
409 K Street, Eureka DEL NORTE DEPARTMENT OF HEALTH & HUMAN SERVICES – SOCIAL SERVICE BRANCH
Cal Works (a welfare program that gives cash aid and services to eligible needy California families. The program is operated locally by County Health and Human Services Department) information available.
COMMUNITY EMPLOYMENT LINKS
Provides opportunities for people with developmental disabilities which promote dignity, respect, and inclusion.

VOLUNTEER OPPORTUNITIES

www.a1aa.org

1765 Northcrest Dr, Crescent City Connects individuals of all ages to meaningful and impactful volunteer opportunities.

DEVELOPMENT DISABILITIES

DEL NORTE ASSOCIATION FOR DEVELOPMENTAL SERVICES
Social service organization for persons with Developmental Disabilities.
DEL NORTE RURAL HUMAN SERVICES, SUPPORTED LIVING SERVICES
286 M Street, Crescent City
The Supported Living Services Program serves adults 18 years of age and older with intellectual and Developmental DisabilitieS referred to agency by the Redwood Coast Regional Center.
G.H. OUTREACH
700 East Washington Blvd, Crescent City
Crews of developmentally disabled individuals are available for yard work, window washing, power washing, moving and minor construction.
REDWOOD COAST REGIONAL CENTER
1301 Northcrest Dr. Crescent City
Case management for individuals with developmental disabilities with onset before age 18, genetic counseling and pediatric clinic.
STATE COUNCIL – NORTH COAST ON DEVELOPMENTAL DISABILITIES
<u>www.scdd.ca.gov/northcoast.htm</u> 505 S. Street, Ukiah
Serves Del Norte, Humboldt, Mendocino and Lake Counties. The North Coast Board protects and advocates for the legal, civil, and service rights of people with developmental disabilities.

CHILDREN WITH DISABILITIES

DEL NORTE COUNTY OFFICE OF EDUCATION/SPECIAL EDUCATION	464-0725
DEL NORTE PUBLIC HEALTH CHILD HEALTH & DISABILITY PREVENTION (CHDP). www.dhcs.ca.gov/services/chdp 400 L Street, Crescent City The CHDP program administers a public health nursing program for children in foster care, Federal Head Start, State Preschool Program or on Medi-Cal (birth to 21 years old) or from income eligible family (200% Federal poverty level). The works to identify, prioritize and follow-up on medical, dental, mental and developmental health needs of children and you care.	The program
HUMBOLDT-DEL NORTE SELPA (EDUCATION) www.hdnselpa.org 2822 Harris St, Eureka	441-2051
SELPA facilitates high quality educational programs and services for special needs students and training for parents and The SELPA collaborates with county agencies and school districts to develop and maintain healthy and enriching envir which special needs students and families can live and succeed.	

1440 California St, Crescent City

Provides aid to children and youth being raised by their grandparents.

FINANCES

NORTH COAST SMALL BUSINESS DEVELOPMENT CENTER	
225 H Street, Crescent City	
Provides information, consulting, counseling and education materials for small business development. Semina	ars and workshops also
offered.	
PUBLIC GUARDIAN/CONSERVATOR	
www.co.del-norte.ca.us/departments/health-human-services	
880 Northcrest Dr, Crescent City	
Acts as legally appointed guardian or conservator for persons found by the Superior Court to be unable to pro	perly care for
themselves or their finances, or who are unable to resist undue influence or fraud.	
SOCIAL SECURITY ADMINISTRATION	3 or 855-727-3600
www.ssa.gov	
560 East Hoover St, Crescent City	
Processes applications for Medicare benefits including the Extra Help program for help with paying Medicare	prescription drug plan
costs.	

BENEFITS

SOCIAL SECURITLY ADMINISTRATION	5943
560 East Hoover St, Crescent City	
Determines eligibility and pays benefits to those entitled to survivor benefits, entitled legally blind and retirement benefits to those	se
entitled aged 62 and older. Low income, aged 65 or older, blind or disabled may be eligible for Supplemental security Income (SSI).
TRI-COUNTY INDEPENDENT LIVING	8404
www.tilinet.org	
139 5 th Street, Eureka	

Offers assistance with Social Security and Supplemental Security Income (SSI) applications.

VETERANS SERVICES

VETERANS SERVICES OFFICE	64-2154
www.co.del-norte.ca.us/departments/veterans-services	
810 H Street, Crescent City	
Provides advocacy to the veteran community regarding entitlement rights to federal, state and local benefit programs. Ass	ist with

claim preparation, submission, and follow-up for service-connected compensation, war-era pensions, education, death pension and burial benefits.

NATIVE AMERICAN SERVICES

CALIFORNIA INDIAN LEGAL SERVICES	3-8397
www.calindina.org	
324 F Street, Eureka	
Provides assistance in Humboldt and Del Norte Counties to persons of Native American descent.	

UNITED INDIAN HEALTH SERVICES:

-	TAA-'AT-DVN Medical Clinic	464-2750
	1675 thcrest Drive, Crescent City	
-	GHO'MUN'DUN Dental Clinic	464-2583
	785 Washington Blvd, Suite 8, Crescent City	
-	Elk Valley Office	464-2919
	2298 <mark>ris</mark> Avenue, Crescent City	
-	Klamath Health Office	482-2181
	241 Imon Ave., Klamath	
-	Howonquet Health Center	487-3115
	501 North Indian Road, Smith River – Community Health & Wellness.	
-	Elder Nutrition Site	487-4463
	101 Indian Court, Smith River	

SHOWERS

www.canbless.org

355 Standard Veneer Rd, Crescent City

Food bank (one food box per month). Also offers access to hot showers, hygiene supplies, and gently used clothing, as well as supplemental food programs, life skills education classes, homeless and housing services, community gardens, nutrition education and more.

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Published by

Tri-County Independent Living

Enhancing Disability Independence

For Information and Assistance, call:

707-445-8404



Tri-County Independent Living

2016 / 2017 DEL NORTE COUNTY COMMUNITY DISABILITY RESOURCE GUIDE

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Our mission is to promote the philosophy of Independent Living, to connect individuals to services, and to create an accessible community so that individuals with disabilities can have control over their lives and full access to the community. Since 1978, Tri-County Independent Living (TCIL) has been providing services free of charge for persons with disabilities in Humboldt, Del Norte and Trinity counties.

Services include: information & referral, independent living skills training, housing assistance, advocacy (Individual and community organizing), peer support, services aiding transitions to independence and Assistive Technology (AT) services which help individuals learn about, select, locate and "try out" devices most appropriate to their needs through our free device lending library.

Striving to create a world in which people with disabilities are valued equally and participate fully.

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707-445-8404

www.tilinet.org