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**Spring is Here!**



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**Humboldt County Proposes Accessible Walkway  
at Clam Beach**

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Humboldt County is proposing a 5 foot wide accessible walkway at Clam Beach. The beach enabled wheelchairs are getting stuck in the sand, so they are proposing a walkway that people living with many different types of disabilities can use.

On February, Friday the 18th we participated in a showing of the mats, asked questions, and tried out the mats. These mats have been installed at other locations in the state and they have worked.

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## Client Success Story: Amber Aiken and Tourmaline



Amber Aiken (they/them) has been a client of Tri County Independent Living since April 2021 working with our Youth Coordinator Samantha Nickles. Their main goal at the start of their TCIL journey was to obtain permanent affordable housing.

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They were approved for HUD housing in December and moved into a newly renovated apartment in February 2022 with their beloved cat, Tourmaline. With the most pressing goal of affordable housing reached, we can now focus on their other independent living goals!



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Our Trip to the Sequoia Park Zoo!

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**Our Peer support group went to the zoo. We saw all of the beautiful animals and we visited the petting zoo!**

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**We also went on the skywalk. It was a fun and beautiful trip full of kind friends!**

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## Join Us at our 2022 Independent Living EXPO

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## Tri-County's Independent Living Expo #AccessForAll

Join us for a good time in person or live streamed on our Facebook page!  
<https://www.facebook.com/TCILEureka>



**Adorni Center**  
**Free Admission!**  
**Friday, May 20th**  
**10:30a.m.-3:00p.m.**

The Expo provides a space for persons with disabilities, their families, and the general public, to learn about all of the resources available to transition to adulthood, live independently, and age with dignity.

**Accessible: Parking, Restrooms, and Building!**

Come see one of the many exhibits and presentations on a variety of independent living tools and resources...

For any questions  
 Call: 707-445-8404  
 Email: [Alissa@tilinet.org](mailto:Alissa@tilinet.org)



## New Legislation

Housing Stabilization to Prevent and End Homelessness Among Older Adults and People with Disabilities Act - AB 2547

What will the bill do:

- Establish a multi-year Rent Stabilization Fund to provide a mix of shallow and deep subsidies to help older adults and people with disabilities afford fair market rate rent



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housing and services to older adults and people with disabilities

Go to this [LINK](#) to read all about it!

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**Are you a junior or senior in high school with a disability? If the answer is yes, please consider applying for the virtual 2022 Youth Leadership Forum!**

**YLF is an annual forum that is focused on developing leadership skills of youth with disabilities! Applicants who are accepted participate in the forum at no cost! The deadline to apply is March 25, 2022.**

Link to DOR: [website](#)

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2022



JULY 19–22  
SACRAMENTO, CA

# YOUTH LEADERSHIP FORUM

## FOR STUDENTS WITH DISABILITIES

DEVELOP YOUR LEADERSHIP SKILLS, AND LEARN HOW TO REACH  
YOUR ACADEMIC, CAREER, AND INDEPENDENCE GOALS.

Join us for a week of learning as well as follow-up  
monthly sessions... and make new lifetime friends!

Talk with policy makers and educate them on ways they  
can improve the lives of young people with disabilities.

The 2022 YLF will be held virtually using the Zoom meeting platform.

Application and information available at:

[WWW.DOR.CA.GOV/HOME/YLF](http://WWW.DOR.CA.GOV/HOME/YLF)

For additional information and how to complete the application,  
please email or call us at:

[ylf@dor.ca.gov](mailto:ylf@dor.ca.gov) / 855.894.3436\*\*

\*\*Dial 711 for California Relay Service.

## This Season's Special Days!

**April 1st is April Fool's Day:** Although not a federal holiday, it is a holiday observed on April 1, annually. It is a day which celebrates the custom of playing practical jokes on friends, or sending them on fools' errands.

**April 22nd is Earth Day:** An event observed annually on April 22. It is a day held to demonstrate and promote environmental awareness and calls for the protection of our planet. Today, Earth

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Day 2022 is celebrated in more than 193 countries each year.

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**May 8th is Mother's Day:** Mother's Day is a holiday celebrated annually on the second Sunday of May. It is a day that commemorates motherhood and appreciates all mothers and mother-figures (including grandmothers, great-grandmothers, stepmothers, and foster mothers) as well as their contribution to society.

**May 30th is Memorial Day:** Memorial Day 2022 formally known as Decoration Day, is a federal holiday observed yearly on the last Monday of May. Memorial Day 2022 is a day that commemorates all men and women who have died while serving in the military for the United States of America.

**We at TCIL hope your Spring is happy!**

**With a global pandemic it can be difficult to [feel connected](#).  
[We](#) are here for you.**

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# Try-County Independent Living

**Invites you to Join our Zoom Peer Support Group on  
Tuesdays at 3:00p.m.**



**Call or Email Alissa @ 707-445-8404  
Alissa@tilinet.org**

**Peers - An individual with one or multiple of the following  
challenges: Cognitive, Mental, Physical, Hearing, Vision,  
TBI/Head Injury, Learning Disability... other.**

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**Call TCIL @ 707-445-8404 For Assistance or  
Questions about Preparing for a Disaster.**

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APPLYING FOR PG&amp;E'S MEDICAL BASELINE PROGRAM

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**1 CHECK YOUR ELIGIBILITY.** Review the complete list of qualifying conditions/machines available at [pge.com/medicalbaseline](https://www.pge.com/medicalbaseline) and work with a qualified medical practitioner to certify that a full-time resident in your home requires use of qualifying medical devices (or has specific heating/cooling needs) to treat ongoing medical conditions. Note, eligibility for Medical Baseline is based on medical conditions or needs, NOT on income.

**2 VISIT** [pge.com/medicalbaseline](https://www.pge.com/medicalbaseline) to download and print the Medical Baseline Program application form or call **1-800-743-5000** and ask to have one mailed to you.

**3 COMPLETE AND SIGN** Part A of the Medical Baseline Program application form, including your preferred contact method, and make sure Part B is completed and signed by a qualified medical practitioner. Then, mail it in to:

**PG&E Credit and Records Center  
Medical Baseline  
P.O. Box 8329  
Stockton, CA 95208**

## Do You Have a Plan to Stay Safe During Power Outages?



**UPDATE YOUR CONTACT INFORMATION** by visiting [pge.com/mywildfirealerts](https://www.pge.com/mywildfirealerts) or calling **1-800-743-5000**.



**PREPARE AND PRACTICE A PLAN** to keep you and your family safe during an emergency. Visit [pge.com/wildfiresafety](https://www.pge.com/wildfiresafety) for more steps you can take to prepare.



**STAY INFORMED ABOUT OUTAGES** by visiting [pge.com/outages](https://www.pge.com/outages).



**DURING A PUBLIC SAFETY POWER SHUTOFF** please answer calls and/or reply to text messages from **1-800-743-5002**. (Tip: Save this number in your phone)



### WILL YOU NEED EXTRA HELP DURING A POWER SHUTOFF?

If you or someone you know has a disability or additional special needs, the California Foundation for Independent Living Centers can help you during a PSPS. For more information please visit [disabilitydisasteraccess.org](https://www.disabilitydisasteraccess.org).

Due to COVID-19 shelter-in-place requirements and changing medical practitioner priorities, PG&E customers can self-certify their eligibility to enroll in the Medical Baseline program. Signature by a qualified medical practitioner is not required to apply but may be required to remain on the program beyond one year.

### NOTE FOR MEDICAL PROFESSIONALS

A licensed physician, nurse practitioner, physician assistant or person licensed pursuant to the Osteopathic Initiative Act, may certify a patient's eligibility as having a life-threatening condition or illness for the Medical Baseline Program. This program is not connected to any other medical assistance program like Medicare or Medi-Cal and only provides a lower energy rate from PG&E and extra notifications during a PSPS. A full list of qualifying conditions and machines is available at [pge.com/medicalbaseline](https://www.pge.com/medicalbaseline).

Following the wildfires in 2017 and 2018, some of the changes included in this document are contemplated as additional precautionary measures intended to further reduce future wildfire risk. "PG&E" refers to Pacific Gas and Electric Company, a subsidiary of PG&E Corporation. ©2020 Pacific Gas and Electric Company. All rights reserved. CCR-0420-2235. 04/23/2020.

**TCIL can help you and those you love in many ways!**

**Information and Referral**

**Social Security:** For all your questions related to Social Security Disability Benefits, Supplemental Security Income, Reconsideration and Appeals, Overpayments, Work Incentives while receiving Social

**Independent Living Skills:** Assistance obtaining benefits, housing, employment, education, and life skills to enhance independence.

**Youth services:** Self-determination, interpersonal life skills, independent living skills, and services to support transition into adulthood.

**Assistive Technology:** Technology to assist in living with a disability, chrome books, AT and DME lending library, and ramp program accessibility assistance.

**Personal Attendant:** In-Home Support Services, referrals, and private pay referrals.

**Peer Support:** A support group where us peers can come together once a week to be there and offer support for the challenges in life.

**Advocacy:** Self-Advocacy, individualized personal goals, referrals to legal, referrals to vocational, systems change, and education.

**Home Transitions:** Assisting the client from start to finish in transitioning from an institution to a less restrictive environment, assistance with writing grants to help our clients, achieve independence at home, transitional and permanent housing searches, and housing applications. We also help with obtaining an ID's and birth certificates, finding doctors, picking up medications and taking the client shopping.

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## Tri-County Independent Living Invites you to Sit on a Board or Commission!

There are over 30 Humboldt County Boards,  
Commissions, and Committees you can apply to  
participate on!

We can help you identify the right Board for you.  
We can help you find and fill out applications.

We can help you make your voice be heard... what  
you do with it is completely up to you!

Email [alissa@tilinet.org](mailto:alissa@tilinet.org) or call 707-445-8404  
Just say you would like to participate on a board!

### TCIL Mission Statement

To promote the philosophy of independent living, To connect individuals with services, and work to create an accessible community, so that people with disabilities can have control over their lives and full access to the communities in which they live.



[Please Donate](#)

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