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This Month's Special Days!

December is a month for many different Holidays observed the world round and it brings us a few great days deserving recognition...

From National Disability Day to Human Rights Day, and National Cookie Day!

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With a global pandemic it can be difficult to feel connected.
[We are here for you.](#)

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To Donalyn,
"It was not an adventure; it was my life."
-Yehuda Amichai-



This month we prepare to say Happy Retirement to our Executive Director Donalyn Sjostrand!

She has been a tireless advocate for accessibility and independent living these past 5 years.

Donalyn came on when TCIL was having a hard time supporting the six employees it had. Now TCIL is a financially stable non-profit which supports 13 employees who provide many supports and services to our community.

TCIL has expanded from one office to two under her leadership and has added many services such as the Residential Ramp, Home Transition and Youth Services Programs.

Donalyn brought other new programs and activities, from starting the HSU internship program, which brought us a wonderful new dear employee, provided a night out at The Rocky Horror Picture

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Donalyn also brought celebration and acknowledgement, as well as recruiting and bringing on board a cadre of excellent service providers, advocates and managers.

Her contributions can't be fully encapsulated here, but the depth of her care should be obvious.

So please join us in congratulating Donalyn on the monumental changes she has brought with TCIL.



Dearest Donalyn,
Follow your bliss. ~Mari~

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You gave me the chance to work at my dream job. During thick and thin you were there for me and fellow coworkers. I will forever be grateful to have had your guidance and support. I send my love I wish you all the best in the future endeavors. ~Juliannah~



Donalyn, you lead the team to achieve on the ladder of success! Your leadership and mentoring has personally made a significant change in my life. I have you to thank for that. I admire your creative approach to solving problems, putting your staff first, hard work and perseverance. Your inspiration makes me want to follow

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in your footsteps to continue your amazing work. I wish you all the best. Your Friend,

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~Lisa M. Leon~
Transition Coordinator



Donalyn, I so deeply appreciate the energy, humor and support you so freely share with all of us here at T-cil. I am grateful for the creative holiday spirit you spread around the office especially when the work is hectic. Your genuine but lighthearted support (and hugs when I needed one) really made a difference for me. Most importantly, the greatness and enormous capacity of your heart, will forever be remembered in mine. Thank you for touching our lives, and for all you do for all of us. Namaste', ~Karen~

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Thank you for welcoming me into this organization, and for providing information regarding the impact CIL services have had on the disability community over time. I know you have guided TCIL through many changes, and will leave the organization with a meaningful impact. ~Alaisha~



You opened the doors of TCIL to me and changed my life monumentally. ~Alissa~

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Donalyn, thank you for allowing me the opportunity to work with you over these past couple of months, it's been a pleasure. All the very best for the future. ~Alex~

TCIL can help you and those you love in many ways!

Independent Living Skills: Assistance obtaining benefits, housing, employment, education, and life skills to enhance independence.

Youth services include: Self-determination, interpersonal life skills, independent living skills, and services to support transition into adulthood.

Assistive Technology: Technology to assist in living with a disability, chrome books, AT and DME lending library, and ramp program accessibility assistance.

Personal Attendant: In-Home Support Services, referrals, and private pay referrals.

Peer Support: A support group where us peers can come

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Advocacy: Self-Advocacy, individualized personal goals, referrals to legal, referrals to vocational, systems change, and education.

Home Transitions: Assisting the client from start to finish in transitioning from an institution to a less restrictive environment, assistance with writing grants to help our clients, achieve independence at home, transitional and permanent housing searches, and housing applications. We also help with obtaining an ID's and birth certificates, finding doctors, picking up medications and taking the client shopping.

Information and Referral

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TRI-COUNTY

Independent Living

**Do you identify as an individual
with a disability, then we invite
you to our...**

Online Peer **Support Group
Every Friday at 3:00 P.M.**

And

Online Peer **Advocacy Group
Every 2nd Tuesday of the Month
at 3:00 P.M.**



**Call 707-445-8404 To Join
Toll Free @ 833-866-8444
Or Email Alissa@tilinet.org**

**What is a Disability Peer?... An individual with one or
multiple of the following Disabilities: Cognitive, Mental,
Physical, Hearing, Vision, Traumatic Brain Injury/Head
Injury, Learning Disability, Developmental Disability...
other.**

TCIL Mission Statement

To promote the philosophy of independent living, To connect individuals with services, and work to create an accessible community, so that people with disabilities can have control over their lives and full access to the communities in which they live.

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